

Bertine Kessel

Kessel & Kessel GmbH
Winsener Straße 1
21271 Hanstedt

Tel.: +49 170 234 5371
E-mail: bertine.kessel@kesselundkessel.de
Website: www.kesselundkessel.de



Bertine Kessel has been working as a coach for executives in national and international companies for twenty years and is a passionate discoverer of (as yet) unrealized opportunities for her coachees. She supports executives in mastering challenging situations in their career development and trains them within the framework of in-house leadership programs. She supports leadership teams in their development processes.

She is the founder and Managing Partner of Kessel & Kessel GmbH, a Teaching and Supervising Transactional Analyst of the German and European Transactional Analysis Society (DGTA, EATA) and trains consultants and coaches throughout Europe.

Bertine completed interdisciplinary studies in psychology, education, sociology, law and theology at the Protestant University of Social Work Rauhes Haus in Hamburg. She then built up an innovative counselling centre in Hessen and later in Hamburg for a nationwide provider. After additional clinical training in Transactional Analysis, she worked as a psychotherapist in private practice and as a lecturer in practical supervision at the university. She then founded and managed the Beratergruppe Hanstedt while establishing and leading coaching and consultancy training.

She is author of the book “Resource-oriented transactional analysis” (2020). Her specialist publications and lectures include topics such as “Introversion - Coaching with Silent People in a Loud World” (2014), “Jungian Typology and its Benefits in Leadership Coaching” (2013), “Shame - The ‘Hidden’ Driving Force in Conflicted Organizational Change Processes” (2014), “Animal-Based Coaching with Transactional Analysis - The Effectiveness of Using Horses in Counseling Processes” (2015), “On Managing Your Own and Others’ Power in Leadership” (2016), “The role radar - a reflection tool for change leaders” (2019), “Staying in dialogue” (2022).